

Clothing/toiletries checklist:

Clothing/Sleeping <input type="checkbox"/> Sleeping Bag/Pillow <input type="checkbox"/> Underwear for 3 days/2 nights (extra socks recommended). <input type="checkbox"/> One Heavy jacket/parka <input type="checkbox"/> One sweater/hooded sweatshirt <input type="checkbox"/> Tennis Shoes/Winter boots for the snow! <input type="checkbox"/> 4 t-shirts <input type="checkbox"/> 2 pairs of Jeans/long pants Snow pants! <input type="checkbox"/> Pajamas	Toiletries <input type="checkbox"/> Toothbrush/toothpaste <input type="checkbox"/> Soap/shampoo <input type="checkbox"/> Deodorant <input type="checkbox"/> One Bath Towel <input type="checkbox"/> Slippers for shower Other Items <input type="checkbox"/> Flash light <input type="checkbox"/> Bible/Journal or Notebook
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Optional items

- Backpack – while *optional*, a backpack is highly recommended for you to keep all your belongings together. Also, you won't need to make multiple trips between the chapel and cabin.
- If you are on prescription medication, don't forget it! We will have a basic first aid kit.

Clothes/Toiletries

Suggested Clothing Preparation:

- Plan on wearing layers – it's the best way to stay warm.
- Bring lots of socks! If it snows, they can get soggy. I recommend 6-8 pairs.
- Hiking or waterproof boots are highly recommended.
- Bring slippers for the showers.
- Bring a hat/beanie – something to keep your head warm.
- Gloves/mittens – if you value your fingers, bring a pair.
- **Pack Lightly!** DO NOT pack an immigration bag full of clothes – we're not going to retreat to impress others or do a fashion show so be modest and simple.
- Overall, bring clothes that you can afford to get dirtied or ripped into shreds.

LEAVE AT HOME – DO NOT BRING THE FOLLOWING.

The following items must be kept at home.

- Personal electronics, including:
 - Mp3 players, CD players, Nintendo DS, PSP, etc.
 - **Cell phones.** Leave your cell phones at home. If you bring them, we will ask you to leave them at church or we will hold on to them!