

Volunteers Encouraged!

Without Volunteers, this program would not be possible! If you would like to help, please contact Renna VanEpps or Mark Angelo at 334-8524 or chefnay@gmail.com.

This is for EVERYONE! Not only those with low income!

- If you eat, you qualify
- No membership
- No income guidelines
- No applications
- No seconds, expired, or damaged goods
- No limit to # of boxes you can buy
- Special packages available with the purchase of a standard box
- Food stamps accepted (the account must have a balance to cover the total when placing an order)
- No long term obligation, you decide when you want to buy
- Menu changes monthly

Online Ordering Now Available

You can now order online at www.AngelFoodMinistries.com using your debit/credit card. Click on "order online" (section found near bottom-left side) put your zip code into the fill-in form and be sure to choose Victory Baptist Church as your site. Follow the online ordering process to place your order.

Pick Up & Order Location:

Victory Baptist Church
32 Wildbriar Rd., Rochester, NY 14623

Pick Up Time:

8:30 – 10:00AM, Saturday, August 21, 2010

- All orders must be picked up no later than 10:00AM on distribution day.
- Orders not picked up by 10:00AM will be considered a donation
- There are not refunds or exchanges. No exceptions.
- You may donate any unwanted items to bless a needy family

How to Order:

We accept cash, money orders, food stamps, and online orders (debit/credit).

Order in Person:

Wednesday, August 11th 5:30-7:00PM
Saturday, August 14th 10AM-2PM
Tuesday, August 17th – ONLINE ONLY

*All **food stamp** orders must be placed at Victory, in person, by the cardholder.*

Mail Orders (money orders only):

Victory Baptist Church
32 Wildbriar Rd.
Rochester, NY 14623

Please send self addressed stamped envelope for your receipt (necessary for pick up).

Order Online:

www.AngelFoodMinistries.com

Deadline to Order: August 14th at 2PM (in person)
August 17th by 5PM (ONLINE ONLY)

Victory Baptist Church



A Grocery Relief Program

If you eat...YOU QUALIFY!

Look inside for August's menu!

DEADLINE for Orders:

Saturday, August 14th at 2pm (in person)
Tuesday, August 17th by 5pm (online only)

Pick-Up Groceries On:

Saturday, August 21st from 8:30-10:00AM ONLY
Please bring a cooler or large box for your food.

We accept food stamps and we have online ordering using your debit/credit card.

Order online @ www.AngelFoodMinistries.com
Downloadable form @ www.DiscoverVictory.com

For further information about this ministry, please contact Renna at (585) 334-8524 or angelfoodvictory@gmail.com

Future Dates:

Distribution: September 18
Distribution: October 23

AUGUST 2010 MENU

Signature Unit: LOWER PRICE! \$28.95 *Balanced nutrition and variety with enough food to feed a family of four for a week.*

1.5lb New York Strip Steaks (4 x 6oz.)
1.5lb Breaded Chicken Breast Chunks
1.5 lb. Lean Ground Beef
1 lb. Crunchy Fish Wedges (Bake or Fry – 8ct.)
1.5lb. Pork Chops (4 x 6 oz.)
1lb. Bonus Item-Lean Ground Beef
1lb. Frozen Broccoli Florets
1lb. Frozen Carrots
1lb. Frozen Corn
1.b. Frozen Cauliflower Florets
1lb. Pasta
26oz. Pasta Sauce
32oz. Shelf Stable Milk
Dozen Eggs

*In an effort to provide more value and heartier more filling meals, Angel Food has switched to a thicker cut of meat.

Fast & Flavorful Cuisine (for seniors and people living with diabetes): \$28

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens and people living with diabetes in mind.

Fish Fillet
Sweet and Sour Pork
Red Beans and Rice
White Chicken Cacciatore
Breaded Chicken Parmigiana
White Chicken and Gravy over Noodles
Salisbury Steak and Gravy
Meatball Stroganoff
Country Herb White Chicken
Macaroni and Cheese

Just For Me-After School Box: \$24

An assortment of child-friendly snacks. Great for after school or anytime.
2lb. Chicken Fingers
1.5lb. Mini Corn Dogs
1 (3.88oz.) The BBQ “Sammich”
2 each (2.6oz.) Chicken Sandwiches (2 Packages with twin sandwiches)
4 (4oz.) Hot Pockets
1 (6ct.) Cereal Bars
2 each (1.58oz.) White Castle
Hamburgers (2 packages with twin sandwiches)
3 (2.2oz.) PBJ on Graham Wafer
2 (2.8oz.) Peanut Butter & Jelly Jamwich

August Special 1 (6lb. Assorted Grill Box): \$24

1lb. Sirloin Strip Steaks (2x8oz.)
2lb. Lean Hamburger Steaks (4x8oz.)
1.5lb. Mild Italian Sausage
1.5lb. Bacon-Wrapped Chicken Breast Filet (4x6oz.)

August Special 2 (4lb. Steak and Chicken Box): \$23

2lb. Ribeye Steaks (4x8oz.)
2lb. Jumbo Chicken Breast (4x8 oz.)

August Special 3 (4.5lb. 12 ct. Gourmet Flavored Chicken Breast Box): \$22

4 Italian Chicken Breast (6 oz. each)
4 Teriyaki Chicken Breast (6oz. each)
4 Lemon Herb Chicken Breast (6oz. each)

August Special 4 (NEW: Oven Ready Entrees): \$24

2lb. Seafood Lasagna
2lb. Lasagna with Meat Sauce
2lb. Country Fried Steak with Gravy
2lb. White Chicken Noodle Casserole

August Special 5 (SPECIAL PRICE: Premium Fresh Fruit/Veggie Box): \$21

1 Cantaloupe
4 Peaches
4 Naval Oranges
1 Mango
1 Cello Head Lettuce
1lb. Cello Carrots
2lb. Yellow Onions
3lb. Idaho Potato
20oz. bag Fresh Green Beans
1 Head Cabbage
2 AFM Fruit / Veggie Recipe Sheet

August Special 6 (Bit O’ Blessing Box): \$21

16 oz. Stuffed Sandwiches (Assorted Flavors – 4 x 4 oz.)
12 oz. Steaks (2 x 6 oz.) or 1.5lb. Beef Roast or 2lb. Mac & Beef Entrée
1.5lb. Country Fried Steak Patties
1lb. Ground Beef
1lb. Crunchy Fish Bites
1lb. Frozen Fruit or Green Beans
1lb. Rice

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

August 2010 Order Form

Name (please print): _____

Phone (required): _____

Address: _____

E-Mail: _____

Name of person authorized to receive your food – if other than yourself and phone #:

Standard Boxes:

___ Basic Unit @ \$28.95 ___

___ Conv. Box @ \$28 ___

___ After School Box \$24 ___

Specials:

___ Special 1 @ \$24 ___

___ Special 2 @ \$23 ___

___ Special 3 @ \$22 ___

___ Special 4 @ \$24 ___

___ Special 5 @ \$21 ___

___ Special 6 @ \$21 ___

Bring a cooler or large box for food

Order Total: \$ _____ **Donation: \$** _____

Money Orders payable to: Victory Baptist Church

Office Use:

Cash ___ M/O ___ F/S ___ OL ___ Initials ___ Date ___