



May 15, 2022 ~ Matthew 6:25-34

~ It is not uncommon for us to find ourselves under attack from worry and anxiety in our lives.

~ But the good news is that in Matthew 6:25-34, Jesus points out 5 ways that we can BOUNCE BACK from anxiety with His help and strength . . .

1. RELY On The Fact That \_\_\_\_\_ (v. 25-26, 28-32)

---

---

---

---

---

---

---

---

---

---

2. RECOGNIZE That \_\_\_\_\_ (v. 27)

---

---

---

---

---

---

---

---

3. REMEMBER TO \_\_\_\_\_ (v.33)

---

---

---

---

---

---

---

---

---

---

4. REFOCUS ON \_\_\_\_\_ (v. 34)

---

---

---

---

---

---

---

---

---

---

5. RECEIVE \_\_\_\_\_ (v. 25-34)

---

---

---

---

---

---