



Defeating DISCOURAGEMENT

Sunday, September 18 2022 ~ 1 Kings 19:1-18

~ Sooner or later we all know what it's like to be down, depressed, and discouraged as we make our way through life.

~ In 1 Kings 19:1-18, God's Word gives us 6 strategies for defeating discouragement in our lives, by God's strength and with God's help . . .

~ STRATEGY #1: Remember _____ (v.1-3)

~ STRATEGY #2: Rely On _____ (v. 3-4 8,10,18)

~ STRATEGY #3: Rest _____ (v. 5-8)

~ STRATEGY #4: Refuse To _____ (v. 8-10)

~ STRATEGY #5: Recognize That _____ (v. 11-14)

~ STRATEGY #6: Receive _____
